

# Abby Ferguson, PSY.D

License # PSY24345



Dr. Abby Ferguson is a licensed Clinical Psychologist who has extensive experience working with children, adolescents, adults and families.

Abby has been practicing for over 15 years and specializes in the treatment of anxiety, depression, ADHD, emotional and behavioral struggles at school, familial conflict, parenting and managing the general stressors of life and the changes it brings.

She is trained in a range of therapeutic techniques such as Cognitive Behavioral Therapy, Family Therapy, Play Therapy and Relational work, and customizes her work to fit the needs of each client. Abby has lived in Truckee full time for the past 7 years and loves being a member of this community both as a resident and a therapist.

If you would be interested in meeting with Abby please email her at [abbyfergusonpsych@gmail.com](mailto:abbyfergusonpsych@gmail.com)